

COMMUNITY NEWS

Gifford Youth Achievement Center names board members

Stephanie Nelson
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VERO BEACH -- The Gifford Youth Achievement Center (GYAC) welcomed five new board members to the nonprofit's board of directors: Paul Knapp, Jennifer Moore, Patti Glavin O'Mara, Milo Thornton and Sara Whiting.

With five additional board members, GYAC's board has reached its limit.

Knapp, a retired executive of an international financial services technol-



Knapp



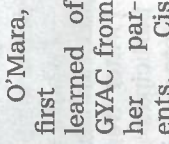
Moore



O'Mara



Thornton



Whiting

ogy firm has been involved with GYAC since 2016.

Moore, wife of Indian River County Superintendent Dr. David Moore, is a compassionate mother, wife, and professional who always strives for excellence in all endeavors.

for five years, assisting after school students with math and science.

"Going into 2021 with these new board members is a blessing," said executive director Angelia Perry. "As our reach continues to grow, so too does our ability to engage youth, adults and families through our wide-variety of programs and a diverse board of directors. Together we will continue to improve the lives of students and families we serve."

For more information about GYAC and the Center's programs visit www.gyac.net.

O'Mara, first learned of GYAC from her parents, Cis and Bill Glavin who have long been involved with the group. Thornton serves as the Major Bureau of Administration at the Indian River County Sheriff's Office and has a family that resides in the Gifford community.

Whiting has been a GYAC volunteer

Fewer TV ads might reduce childhood obesity

HEALTHDAY NEWS

Limiting TV ads for sugary, salty and high-fat foods and drinks might help reduce childhood obesity, British researchers suggest.

They looked at advertising of these products between 5:30 a.m. and 9 p.m. If all such ads were withdrawn during those hours, the number of obese kids in the U.K. between the ages of 5 and 17

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A COMEDY IN THREE BEDS
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