



GYAC

GIFFORD YOUTH ACHIEVEMENT CENTER

BEYOND SPECIAL K

BSK Weekly Activities

mon

1 - 2 PM

Qigong

Janet Zabrosky

tue

9 - 10 AM

Low-impact
aerobics

Coach Staley

10 - 11 AM

Bible study

Rev. Richardson

thu

9 - 10 AM

Low-impact
aerobics

Coach Staley

BSK membership
is \$26 per year
& includes
ALL CLASSES!



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